

# Tiernan Foster-Smith

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## EDUCATION

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### Denison University

*B.A. Candidate in Economics with a Concentration in Mathematics*

**Granville, OH**

Expected May 2019

- **GPA:** 3.7 / 4.0; **ACT:** 32
- **Honors:** Top 50 Student-Athlete Honoree, Two Time NCAA All American
- **Coursework:** Macroeconomics / Linear Algebra / Microeconomics / Multivariable Calculus

### Carleton College

*Economics & Political Science*

**Northfield, MN**

Sept 2015 - June 2016

## WORK EXPERIENCE

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### Division III Swimming

*Breaststroke & Sprint Freestyle*

**Granville, OH**

Sept 2015 - Present

- Division III varsity swimmer for Carleton in the 2016 season and Denison University from fall 2016 to present
- Personal bests of 54.67 100 Breaststroke, 2:04.16 200 Breaststroke, and 20.94 50 Freestyle
- Practice 25 hours a week during off-season and 30 hours a week in-season
- Represented Denison at the NCAA National Swimming Championships in Texas, winning 3rd place in the team standings
- Led Denison to 9th straight conference title in the NCAC conference in 2017 and Carleton to first-ever 4th place finish in MIAC conference

### Edina Swim Club

*Swim Instructor*

**Edina, MN**

Jun 2016 - Aug 2016

- Coached and developed beginner level swimmers ages 6 to 12 in all the primary strokes including butterfly, backstroke, breaststroke, and freestyle
- Responsible for making sure all daily equipment was organized and returned
- Communicated with staff authorities regarding each swimmer's development and behavior through detailed stroke charts and visual assessment

### Learning Works: A Breakthrough Program

*English Teacher*

**Minneapolis, MN**

Sep 2014 - Jun 2015

- Instructed and designed a year-long curriculum that would allow middle school students to grasp the fundamental ideas of writing through reading and analyzing the lyrics of popular songs
- Provided a positive environment for students to promote a love of learning and self-confidence by creating a vivacious curriculum that appealed to visual, auditory, and kinetic learners
- Organized logistics for students to ensure timely and safe bus transportation going to and from school

## LEADERSHIP EXPERIENCE

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### Community Service Board

*President*

**Minneapolis, MN**

Aug 2011 - June 2015

- Motivated freshmen and sophomore classes by creating a more cohesive service community at Blake through frequent service opportunity advertisement postings and weekly announcements regarding current service projects and events
- Coordinated with other service leaders to help raise money and fund service projects in and around the Blake community such as Minneapolis house refurbishment, food drives for Feed My Starving Children, and clothing drives for local veterans

### Blake Varsity Swimming

*Team Captain*

**Minneapolis, MN**

Aug 2013 - Jun 2015

- **Two Time NISCA All-American, Ten Time All State for Breaststroke and Freestyle**
- Nominated to be team captain by teammates and coaches junior and senior years of high school
- Led teams through warm ups and drills such as pre-practice visualization, dry land exercises, and specific stroke work in breaststroke and freestyle
- Practiced 20 hours off-season through club swimming (Edina Swim Club) and 25 hours in-season

## SKILLS, ACTIVITIES & INTERESTS

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**Languages:** Business Proficiency in French

**Activities:** Habitat for Humanity, Denison University Investment Club, Varsity Swim Team

**Interests:** Swimming, Tennis, Golfing, Traveling, Wake Surfing